**MBC 638: Data Administration Concepts and Database Management**

This sub-folder contains the deliverables for the project completed in course MBC 638. The goal of this project was to collect data and performs statistical steps to make process improvements. For my project, I decided to collect data about my weight, workout regiment, and other similar variables to make process improvements on weight loss.

**Files**

1. Process Improvement Project Requirements document.ppt

* Contains the requirements for the MBC 638 project.

1. Tim\_Cordero\_Project.pptx

* Contains the final report of the entire scope and work done for the project.

1. Project.xlsx

* Contains the data and statistical methods for the project and process improvement.

1. ProcessMap\_Revised.xlsx

* Contains the process map that was used to define the weight loss process.

**Software**

1. Excel
2. Microsoft PowerPoint